

JULIO - JULY 2021

EDICIÓN ESPECIAL / SPECIAL EDITION

TEENEKA
BY FIFI ROBINSON



INSIDE BABES

M A G A Z I N E

Brittany

BY LUIS GOMEZ

Aly

BY JESSIE BAKHSI

Kristy

BY LUIS GOMEZ

Yasmine

BY LOLO FOTOS

Goddess

BY LUIS GOMEZ

JESSICA YALAMAN

PHOTOGRAPHY BY LUIS GOMEZ



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INSIDE OUT BABES

MAGAZINE

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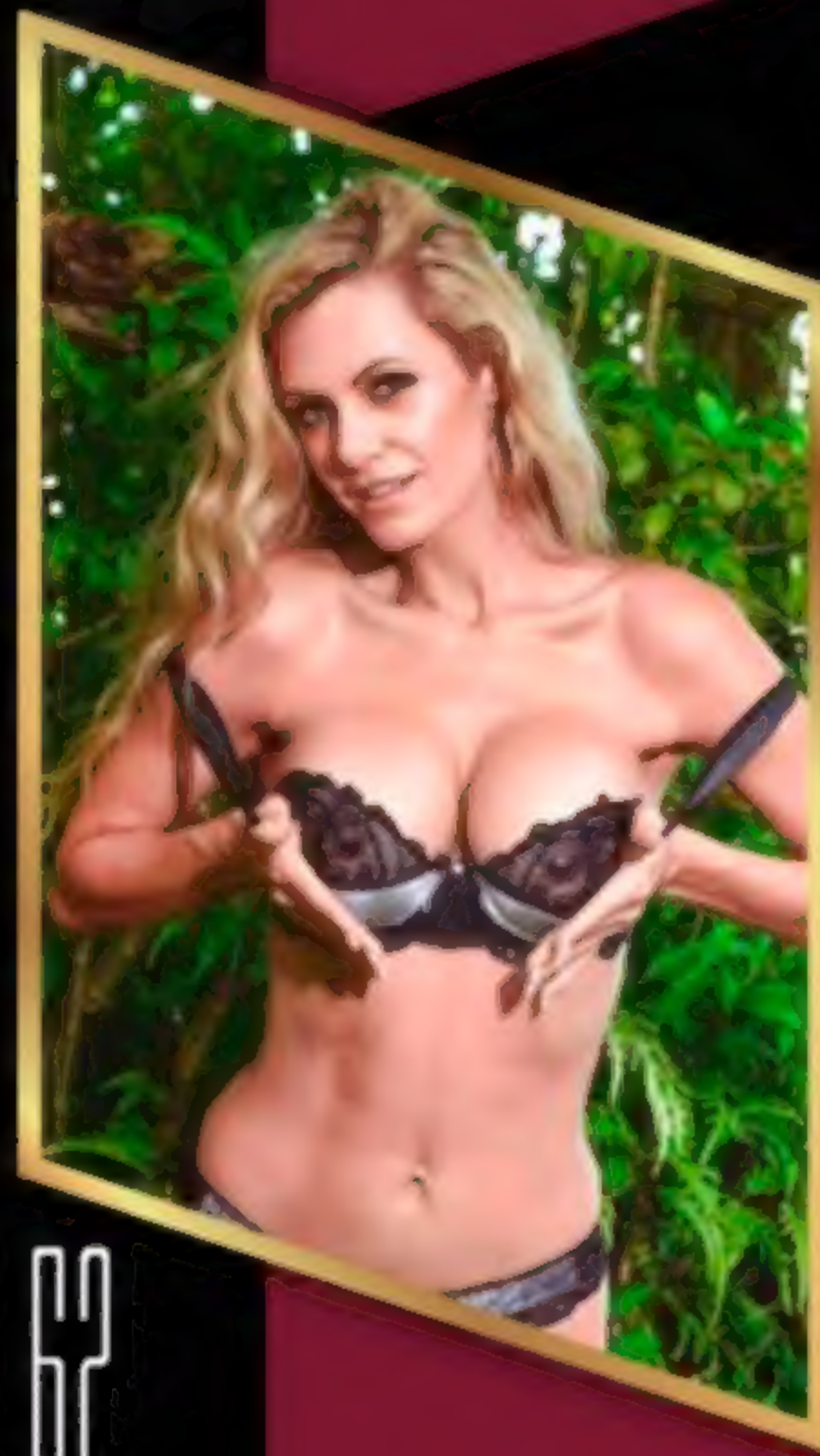
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JESSICA YALAMAN

PHOTOGRAPHY BY
LUIS GOMEZ











Hola a todos! Mi nombre es Jessica Yalaman y mis raíces están en el Medio Oeste, Dakota del Sur. Actualmente resido en la soleada West Hollywood, entrenadora personal y vivo el "California dream"

Entrenadora personal, nutricionista, figura profesional de Ifbb, modelo de fitness

El fitness, el entrenamiento, los viajes y el modelaje son mis verdaderas pasiones y una gran parte de lo que soy. He estado activa en la industria del fitness durante 11 años. Además, siempre he sido una ávida amante de los animales y actualmente soy la dueña de un bulldog francés, Dorian. ¡Seré la anciana con 20 perros cuando me retire!

Mi viaje hacia el fitness y la competición comenzó en 2010. Las sesiones de fotos fitness siguieron cuando comencé a competir. Esto me permitió viajar y fotografiarme con muchos fotógrafos talentosos. Admiro la diversidad de estilo y personalidad de cada fotógrafo. Todos y cada uno de los fotógrafos tienen ideas nuevas y originales que ofrecer. Conocer gente nueva y viajar es definitivamente lo que más disfruto del modelaje. Experimentar con las visiones e ideas de los fotógrafos es divertido y emocionante.

Mis habilidades han sido autodidactas, mediante prueba y error. Creo que somos nuestros mejores maestros y críticos. El establecimiento de metas, el trabajo duro y la determinación nos hacen más fuertes como personas, incluso cuando las cosas no siempre salen según lo planeado. La actitud mental positiva y el aprendizaje de nuestros fracasos nos permite crecer. Sé sincero contigo mismo. La paciencia y la seguridad contigo mismo es clave. A menudo encuentro a la gente preocupada por lo que piensan los demás. ¡Sigue tus sueños y hazlo por ti! No hagas nada que te haga sentir incómodo o que te vayas a arrepentir más tarde. Siempre hay gente que intentará aprovecharse de tus debilidades. Mantente mentalmente fuerte y enfocado en tus metas. ¡Lo más importante es divertirse!

El fitness ha jugado un papel clave en mi vida. El entrenamiento personal es mi elección de carrera, ya que es extremadamente gratificante y no se siente como un trabajo.

Mis padres y atletas profesionales entre todos los deportes han jugado un papel influyente en mi vida. Las palabras y acciones inspiradoras me motivan. Sin mis amigos, familiares y fanáticos, competir y modelar no hubiera sido posible. Ser publicada y mostrar mi arduo trabajo es un gran honor.

Obtener mi tarjeta Ifbb pro en 2014 es mi logro más orgulloso. Los seminarios de fitness y poses también han jugado un papel importante en mi vida. A lo largo de los años, he tenido varias publicaciones en revistas de todo el mundo.

Mis planes en el futuro son viajar por el mundo y ayudar a otras personas que necesiten alcanzar sus objetivos de acondicionamiento físico. ¡Quiero inspirar a otros a ser lo mejor que puedan y disfrutar el viaje!

Hi everyone! My name is Jessica Yalaman and my roots are in the Midwest, South Dakota. Currently I reside in sunny West Hollywood, personal training and living the California dream.

Personal training, nutritionist, Ifbb figure pro, fitness model
Fitness, training, traveling, and modeling are my true

passions and a big part of who I am. I have been active in the fitness industry for 11 years now. Also I've always been an avid animal lover, and currently adoring owner of a French bulldog, Dorian. I will be the old lady with 20 dogs when I retire!!!

My journey into fitness and competition began in 2010. Fitness photoshoots followed when I began competing. This allowed me to travel and shoot with many talented photographers. I admire the diversity of each photographers style and personality. Each and every photographer has new and original ideas to offer. Meeting new people and traveling is most definitely what I enjoy most about modeling. Experimenting with photographers visions and ideas are fun and exciting.

My skills and abilities have been self taught and through trial and error. I believe we are our best teachers and critics. Setting goals, hard work, and determination make us stronger as individuals, even when things don't always go as planned. Positive mental attitude and learning from our failures allows us to grow. Be true to yourself. Patience and being secure with yourself is key. Often I find people worrying about what others think. Follow your dreams and do it for you! Don't do anything that is going to make you uncomfortable or have regrets later. There are always people that will try to take advantage of your weaknesses. Stay mentally strong and focused on your goals. Most importantly have fun!

Fitness has played a key role in my life. Personal training is my career choice as it extremely rewarding and doesn't feel like a job.

My parents and professional athletes amongst all sports have played an influential role in my life. Inspiring words and actions give me motivation. Without my friends, family, and fans, competing and modeling would not have been possible. Being published and displaying my hard work, is a tremendous honor.

Earning my Ifbb pro card in 2014 is my proudest achievement. Fitness and posing seminars have also played an important role in my life. Over the years I've had several publications in magazines throughout the world.

My plans in the future are to travel the world, and help others in need of obtaining their fitness goals. I want to inspire others to be the best they can be and enjoy the journey!

Estadísticas/Stats:

Altura/height: 5'6,5"

Peso/Weight: 150

Pelo/Hair: **Rubio/Blonde**

Ojos/Eyes: **Azules/Blue**

Busto/Bust: **36 DD**

Cintura/Waist: **28"**

Caderas/Hips: **38"**

Talla de vestido/Dress size: **6-8**

Zapato/Shoe: **8.5**

Aspecto étnico/Ethnic look: **Caucásico/Caucasian**

Categoría/Category: **Modelo de fitness/Fitness model**

Ubicación/Location: **West Hollywood, CA/West Hollywood, CA**









TEENBEKA

PHOTOGRAPHY BY
FIFI ROBINSON

















BRITTANY SIMON

PHOTOGRAPHY BY

LUIS GOMEZ





















ALY STYLES

PHOTOGRAPHY BY
JASSIE BAKHSI





















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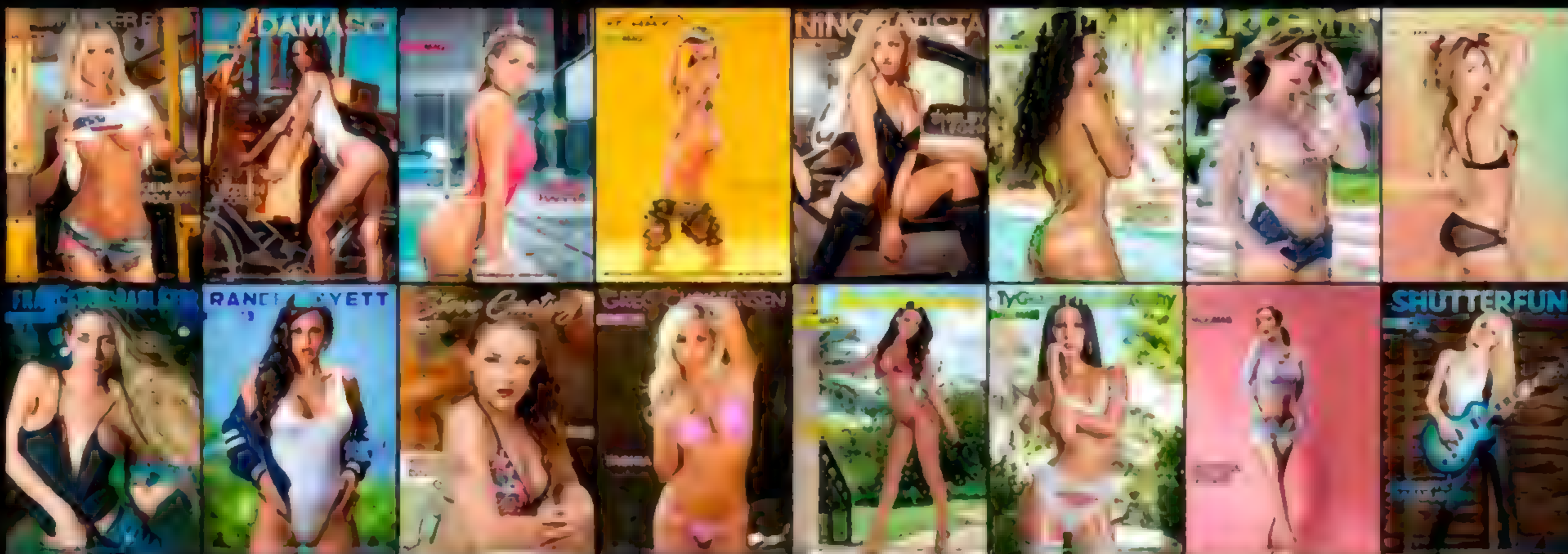
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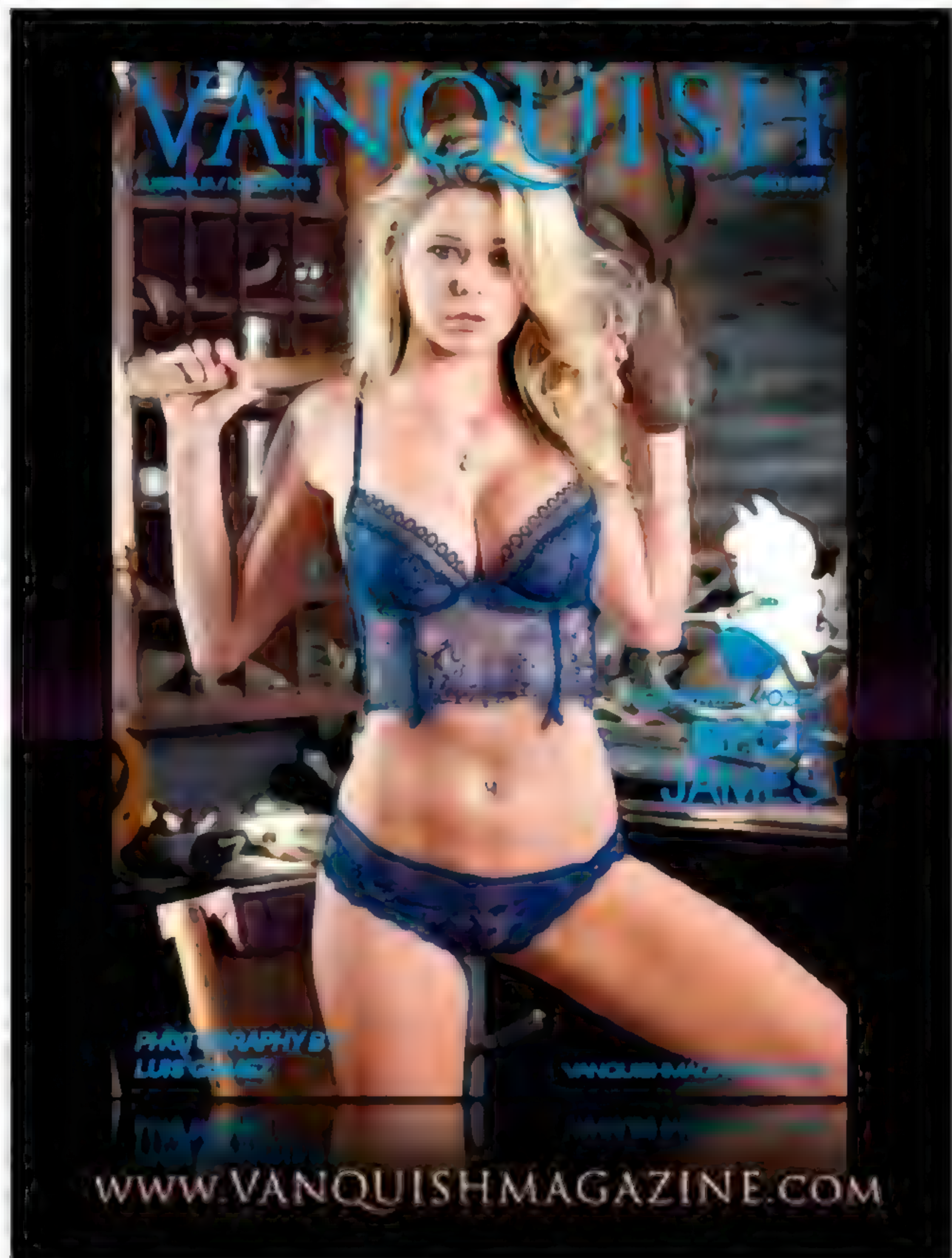














YASMINÉ

PHOTOGRAPHY BY
LOLO FOTOS





















GODDESS STELLA SOL

PHOTOGRAPHY BY
LUIS GOMEZ













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OUTLINE







IOB



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SUBMISSIONS

We accept:

- **Glamour**
- **Fitness (Universe 137 magazine fitness edition)**
- **Lingerie**
- **Swimwear**
- **Fashion**
- **Tattoo Models (alternative Special Edition Only)**
- **Automotive (Hot Models & Fast Cars)**
- **Implied**

For magazines and web promo we need at least 15 for each type (or the quantity u have (6 minimun). And to be promoted in the web **chicas universe 137 studios** we need 6 photos. We need the release of the photographs that you send. No logos or watermarks are accepted (we give full credit to the photographers during publication). Resolution photos between 240-300 dpi and at least 1.5 MB. You must own the rights to publish the photos you are submitting, we will hold you liable if you submit any photos without gaining proper consent.

Along with the photos, we also require the model's name, city, state, measurements, photographer, HMUA, booking info, and a brief bio (50-100 words). All information submitted must be proofread and reviewed for accuracy. Once photos have been submitted you are granting full publication rights of these photos for Online and Printed Distribution.

The Photos are non-exclusive to us so can still be used by the models and photographers in other places.

All submissions should be sent to modelsubmissions137@gmail.com. We will approve/disapprove the photos ... if we approve will respond back to you with the date you will appear in one of our publications

Submissions are Open for models, actresses and photographers.

SUMISIÓN

Aceptamos:

- **Glamour**
- **Fitness (Universo 137 edición de la revista Fitness)**
- **Lencería**
- **Trajes de baño**
- **Moda**
- **Modelos de tatuaje (alternativa Edición especial)**
- **Automoción (Modelos calientes y los coches rápidos)**
- **Implied**

Para revistas y promoción web necesitamos al menos 15 fotos o la cantidad que disponga (6 mínimo). para ser promovido en la web de **Chicas Universe 137 Studios**. Los trabajos deben poseer los derechos para publicar, nosotros nos haremos responsables si presenta alguna foto sin obtener el consentimiento adecuado. No se aceptan logotipos o marcas de agua (Los créditos de los fotógrafos van adheridos a la publicación). La resolución debe tener entre 240-300 ppp y un mínimo de 1,5 MB.

Junto con las fotos, que también requieren el nombre del modelo, ciudad, estado, mediciones, fotógrafo, HMUA, información, y una breve biografía (50-100 palabras) la reserva. Toda la información presentada debe ser corregido y revisado para la exactitud. Una vez que las fotos se han presentado usuario garantiza los derechos de publicación de estas fotos llenas de línea y distribución impresa.

Las fotos no son exclusivas para nosotros, así que todavía pueden ser utilizados por los modelos y fotógrafos en otros lugares.

Todos los trabajos deben ser enviados a modelsubmissions137@gmail.com. Vamos a aprobar / desaprobar las fotos... Luego de ser aprobadas las fotos le informaremos la fecha en que van a aparecer en nuestras publicaciones.

Las presentaciones están abiertas para modelos, actrices y fotógrafos.

Luis Gomez

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